

# **Resources for people with celiac disease (CD) and non-celiac gluten sensitivity (NCGS)<sup>1-3</sup>**

**Compiled by the Authors of *Get Your Brain off Grain*,  
Jessica Hellings, Deanna Kelly and Sharon Pugh as a  
free resource for their readers and all others  
seeking help with CD and NCGS.**

This list of worldwide resources provides information about organizations with current and active materials verified in 2024.<sup>1, 2, 3</sup> The larger national and international organizations may be able to provide more information about countries not contained within this chapter. Check website resource listings for social media (Facebook, Instagram, etc.) organization pages as well. Keep in mind these will be ever-changing and new materials will become available. For more resources about gluten-free recipes and dining locally or abroad, you can also refer to end of chapter 13.

## **International**

### **Gluten Intolerance Group® (GIG®)**

Website: <https://gluten.org>

Address: 31214 124th Ave SE, Auburn, WA 98092, USA

Phone: +1 (0)-253-833-6655

E-mail: [CustomerService@gluten.org](mailto:CustomerService@gluten.org)

*Services:* Information about health, safety and education regarding gluten-free living. GIG® has a Gluten-Free Certification Organization (GFCO™) that certifies foods and products from around the world. They adhere to criteria twice as strict as the FDA, meaning the foods certified by GIG® and that carry the GIG® watermark label contain 10 ppm of gluten or less. The website also provides information about support groups for those with gluten sensitivity.

## **North America (in alphabetical order)**

### ***Bermuda***

#### **Coeliac Support Group of Bermuda**

Website: None provided

Address: 42 Mill Shares Road, Pembroke HM05, Bermuda

Phone: +1-441-292-2753 or 1-441-232-0264

### **Gluten Free Bermuda**

Website: [www.facebook.com/groups/glutenfreebermuda/](https://www.facebook.com/groups/glutenfreebermuda/)

*Services:* Facebook group made up of members living with gluten sensitivity and celiac disease, gluten-free vendors and restaurants sharing gluten-free recipes and products.

### **Canada**

#### **Celiac Canada**

Website: [www.celiac.ca/](http://www.celiac.ca/)

Address: 1450 Meyerside Drive, Suite 503, Mississauga, ON, L5T 2N5, Canada

Phone: +1-(0)905-507-6208

Email: [info@celiac.ca](mailto:info@celiac.ca)

*Services:* Information, consulting dietitian, news and events, research studies, and shopping.

#### **Canadian Celiac Association (CCA)**

Website: [www.celiac.ca](http://www.celiac.ca)

Calgary Chapter of CCA, [www.calgaryceliac.com](http://www.calgaryceliac.com)

Edmonton Chapter of CCA, [www.celiac.edmonton.ab.ca](http://www.celiac.edmonton.ab.ca)

Hamilton Chapter of CCA, [www.penny.ca/Hamilton.htm](http://www.penny.ca/Hamilton.htm)

Address: 5025 Orbitor Drive, Ontario.

Phone: +1 (0)-905-507-6208

*Services:* Programs include awareness, advocacy, education and research, with chapters throughout Canada.

### **Mexico**

#### **Acelmex**

Website: [www.acelmex.org.mx/](http://www.acelmex.org.mx/)

Address: Monte Stanovoi #205 – Office 1, Lomas de Chapultepec, 11000 Mexico City, Mexico

Phone: +52 (55) 5254 1324

*Services:* An independent charity that provides information about celiac disease and the gluten-free diet.

### **United States of America**

#### **Celiac Disease Foundation**

Website: <https://celiac.org>

Address: 5850 Conoga Avenue, 4th floor, Woodland Hills, California, 91367.

Phone: +1-818-716-1513

*Services:* Advocacy, education, fundraising, iCureCeliac® patient registry for research studies, resources for professionals.

**Beyond Celiac**

Website: [www.beyondceliac.org](http://www.beyondceliac.org)

Address: P.O. Box 544, Ambler, Philadelphia, 19002.

Phone: +1-215-325-1306; Toll free: 8144-856-6692.

*Services:* Advocacy, education, fundraising, empowerment, research.

**Celiac.com**

Website: [www.celiac.com/](http://www.celiac.com/)

*Services:* Resources and information for people on gluten-free diets, to connect with others and ask questions.

**National Celiac Association**

Website: <https://nationalceliac.org/>

Address: 20 Pickering Street, Needham, Massachusetts, 02492.

Phone: Boston area: +1-617-262-5422; Toll free: 1-888-4-CELIAC

Email: [info@nationalceliac.org](mailto:info@nationalceliac.org)

*Services:* Fundraising, resources, Ask the Experts, magazine, virtual meetings and talks.

**South and Central America (in alphabetical order)**

***Argentina***

**Asociación Celíaca Argentina – ACA**

Address: C. 24 1907, B1904DCU La Plata, Provincia de Buenos Aires, Argentina

Phone: +54 11 4427-7000

Social Media: Instagram: <https://www.instagram.com/asociacion.celiaca.org>

Facebook: <https://www.facebook.com/Asociacion.Celiaca/>

*Services:* A non-profit organization that provides advice and support for those with celiac disease.

***Brazil***

**Brazilian Celiac Foundation (ACELBRA)**

Website: [www.ancelbra.org.br](http://www.ancelbra.org.br)

Address: Rua Pedro de Toledo, 441 CEP: 04039-041

*Services:* Website that provides information about celiac disease, Brazilian laws affecting those with celiac disease, gluten-free recipes, a newsletter, and chat room.

## **Paraguay**

### **Fupacel (Paraguayan Celiac Foundation)**

Website: [www.fupacel.org.py/](http://www.fupacel.org.py/)

Phone: +595 (0)981 33 22 70

Email: [officefupacel@hotmail.com](mailto:officefupacel@hotmail.com)

*Services:* A non-profit organization that provides education about celiac disease and social assistance and support to newly diagnosed celiac diseases individuals. Developed and analyzed the *Guide to Foods and Medicines Suitable for Celiac* due to lack of governmental certification of gluten-free products in Paraguay.

## **Uruguay**

### **The Celiac Association of Uruguay**

Website: <https://acelu.org/>

Address: Soriano 1255/106 corner Carlos Quijano. Montevideo, Uruguay

Phone: +598 2 902 6966; +598 098 047 251

Email: [consultations@acelu.org](mailto:consultations@acelu.org)

*Services:* A non-profit entity that provides gluten-free dietary advice and cooking workshops, education about celiac disease and State aid that is available to those in need.

## **Europe (in alphabetical order)**

### **General**

#### **Association of European Coeliac Societies (AOECS)**

Website: [www.aoecs.org/](http://www.aoecs.org/)

Address: 4 Rue de la Presse, B-1000 Brussels, Belgium

*Services* Website has links to celiac societies in many countries around the world, in alphabetical order. Advocacy, news, resources for coeliac societies throughout Europe.

#### **Coeliac Youth of Europe (CYE)**

Website: [www.cyeweb.eu/](http://www.cyeweb.eu/)

Email: [cye.board@aoecs.org](mailto:cye.board@aoecs.org)

Social Media:

Facebook: [www.facebook.com/coeliacyouth](https://www.facebook.com/coeliacyouth)

Instagram: [www.instagram.com/cyecoeliacyouth/](https://www.instagram.com/cyecoeliacyouth/)

YouTube: [www.youtube.com/user/CoeliacYouthofEurope](https://www.youtube.com/user/CoeliacYouthofEurope)

*Services:* Under the AOECS, this organization raises awareness and provides education about celiac disease. There is a page dedicated to travel and where to buy gluten-free food in 29 different countries. CYE hosts a summer camp annually for individuals with celiac disease between the ages of 18 and 30 years.

## **Andorra**

### **ACEA-Celiacs d'Andorra**

Website: <https://celiacs.ad/ca>

Address: Civic Entities Space of the Cultural Center la Llacuna,  
Carrer Mossèn Cinto Verdeguer no. 4-6, 2nd floor AD500 Andorra la Vella,  
Andorra

Phone: +376 334353

Email: [celiacsandorra@gmail.com](mailto:celiacsandorra@gmail.com)

*Services:* Raises awareness and provides education about celiac disease in Andorran society. Provides individualized assistance to those newly diagnosed with celiac disease. Member of the AOECS.

## **Austria**

### **Austrian Celiac Disease Working Group**

(Österreichische Arbeitsgemeinschaft Zöliakie)

Website: [www.zoeliakie.or.at/](http://www.zoeliakie.or.at/)

Address: Anton-Baumgartner-Straße 44/C5/23021230 Vienna

Phone: +43 (0)2982 200 36

Email: General inquires: [office@zoeliakie.or.at](mailto:office@zoeliakie.or.at)

Dietitian: [ernaehrungsberatung@zoeliakie.or.at](mailto:ernaehrungsberatung@zoeliakie.or.at)

*Services:* Provides celiac disease health education and information about the gluten-free diet, recipes and governmental financial support and regulations relating to celiac disease. Member of the AOECS.

## **Belgium**

### **Belgian Celiac Society asbl (Société belge de la Coeliaquie asbl)**

Website: <https://vivresansgluten.be/>

Address: Bd Bischoffsheim 39, box 4, 1000 Brussels

Phone: +32 (0)479 44 29 39

Email: [sbc.tromme@busmail.net](mailto:sbc.tromme@busmail.net)

*Services:* A non-profit organization that provides gluten-free awareness and education, a telephone hotline, a Facebook group, and a magazine (*Living Gluten Free* magazine) for adults celiacs and parents of celiac children. Member of the AOECS.

## **Cyprus**

### **The Cyprus Coeliac Association (Σύνδεσμο Κοιλιοκάκης Κύπρου)**

Website: <https://cypruscoeliac.org/>

Phone: +357-97 671706

Email: [info@cypruscoeliac.org](mailto:info@cypruscoeliac.org)

*Services:* Offers free medical diagnostic services and personalized nutrition services for people with celiac disease and gluten sensitivity. Provides answers to frequently asked questions about living gluten free, recipes and a list of certified restaurants that offer gluten-free dining options. Member of the AOECS.

### **Czechia**

#### **The Society for a Gluten-Free Diet**

Website: <https://celiac.cz>

Address: Kolářkova 4, 182 00 Prague 8

Phone: +420 604 375 448

Email: [celiac@celiak.cz](mailto:celiac@celiak.cz)

*Services:* Information about celiac disease and the gluten-free diet. Member of the AOECS.

### **Denmark**

#### **Danish Celiac Association**

Website: <https://coeliaki.dk/>

Address: Trekronergade 147B.2.th, 2500 Valby, Danmark

Phone: +45 2552 0832

Email: [post@coeliaki.dk](mailto:post@coeliaki.dk)

*Services:* Advocacy, meal plans, fundraising. Works to raise awareness of celiac disease among doctors, schools and advocates for better supplies of gluten-free products. Member of the AOECS.

### **Estonia**

#### **The Estonian Coeliac Society (Eesti Tsöliaakia Selts)**

Website: <https://tsoliaakia.ee/>

Address: Toompuiestee 10, 10137, Tallinn

Email: [info@tsoliaakia.ee](mailto:info@tsoliaakia.ee)

*Services:* Support of celiac patients via protection of their interests and distribution of information about celiac disease. Member of AOECS.

### **Finland**

#### **The Finnish Celiac Society**

Website: [www.keliakialiitto.fi/kuluttajat/](http://www.keliakialiitto.fi/kuluttajat/)

Address: Hammareninkatu 7, SF-33100 Tampere, Finland

Phone: +358 3 2541 300

Email: [info@kelialialiitto.fi](mailto:info@kelialialiitto.fi)

*Services:* Publishes gluten-free cookbooks and the *Gluten-free Life* magazine in Finnish. Provides nutritional advice for the gluten-free diet. Member of the AOECS.

## **France**

### **French Association of Gluten Intolerants (Association Française Des Intolérants Au Gluten - AFDIAG)**

Website: [www.afdiag.fr/](http://www.afdiag.fr/)

Address: 1 Rue des Gâtines, 75020 PARIS

Phone: +33 (0)1.56.08.08.22

Email: [afdiag@gmail.com](mailto:afdiag@gmail.com)

*Services:* Provides information and education to those with celiac disease and non-celiac gluten sensitivity, the general public and health and food professionals. The information disseminated by AFDIAG is validated by a medical committee. AFDIAG has initiated the partial reimbursement of gluten-free food products by health insurance. Member of the AOECS.

## **Germany**

### **The German Celiac Disease Society (Deutsche Zöliakie-Gesellschaft e.V. (DZG))**

Website: [www.dzg-online.de/](http://www.dzg-online.de/)

Address: DZG eV, Kupferstraße 36, 70565 Stuttgart

Phone: 0711 459981-0

*Services:* A non-profit association that collaborates with researchers and doctors to provide accurate information about celiac disease to its members, nutritionists and health care professionals and restaurant operators. Publishes a quarterly magazine (*DZG Aktuell*) for members. Member of the AOECS.

## **Greece**

### **Celiac Hellas (Κοιλιοκάκη Ελλάς)**

Website: [www.coeliac.gr/](http://www.coeliac.gr/)

*Services:* Information and education about celiac disease, recipes and advice on the gluten-free diet.

### **Hellenic Coeliac Society (Ελληνική Εταιρεία Κοιλιοκάκης)**

Website: [www.koiliokaki.com/el/](http://www.koiliokaki.com/el/)

Address: Christou Lada 5-7, 10561, Athens

Phone: 6909959672

Email: [info@koiliokaki.com](mailto:info@koiliokaki.com)

*Services:* Information and education about celiac disease and the gluten-free diet. Guidance on how to participate in the free provision of gluten-free foods through insurance. Member of the AOECS.

### ***Hungary***

#### **Hungarian Coeliac Society (Liszterzékenyek Erdekkpvis-eletenek Orszagos Egyesulete)**

Website: <https://liszterzeken.hu/>

Address: Palanta U. 11, H-1025 Budapest, Hungary

Phone: 36-1-326-07-70

*Services:* Nutritional and lifestyle counseling and education about celiac disease and gluten sensitivity. Organizes summer children's camps. Member of AOECS.

### ***Italy***

#### **The Italian Celiac Association (L'Associazione Italiana Celiachia-AIC)**

Website: [www.celiachia.it/](http://www.celiachia.it/)

Address: Via Caffaro, 10 16124 Genoa

Phone: 010.4550685

Regional contact information (phone and email) available on website

*Services:* Provides information and awareness about celiac disease and dermatitis herpetiformis to those with celiac disease, the public, media, and health care professionals. AIC is the licensee for Italy of the Spiga Barrata® brand, which guarantees the maximum safety for people with celiac disease. The website provides information about the gluten-free diet, food labeling, dining out, and celiac patient rights. Member of the AOECS.

### ***Luxembourg***

#### **The Luxembourg Association of Gluten Intolerants (ALIG - L'Association Luxembourgeoise des Intolérants au Gluten)**

Website: [www.alig.lu/](http://www.alig.lu/)

Address: 110, avenue Gaston Diderich, L-1420 Luxembourg

Phone: 26 38 33 83

*Services:* Provision of information and personal celiac disease experiences, instruction on gluten-free diet, education about medical screening and treatment. Member of the AOECS.

### ***Malta***

#### **The Coeliac Association Malta (CAM)**

Website: <https://coeliacassociationmalta.org/>

Address: PO Box 72, 42, Triq Rodolfu, Tas-Sliema SLM 127

Email: [info@coeliacassociationmalta.org](mailto:info@coeliacassociationmalta.org)

*Services:* Voluntary self-help, non-governmental organization for people living with celiac disease or dermatitis herpetiformis. Member benefits include informational newsletters, help and advice on celiac disease and the gluten-free diet. Member of the AOECS.



## **Netherlands**

### **Nederlandse Coeliakie Vereniging (NCV) and Glutenvrij**

Website(s): [www.glutenvrij.nl/](http://www.glutenvrij.nl/) and [www.ncv.nl/](http://www.ncv.nl/)

Address: (Postal),-PO Box 5135, 1410 AC Naarden; (Visiting)- Gooimeer 4-15  
1411 DC Naarden

Phone: 035 695 4002, option 3; NCV dietitian: 035-6954003

Email: [info@glutenvrij.nl](mailto:info@glutenvrij.nl)

*Services:* A publication of the Dutch Celiac Association (*Nederlandse Coeliakie Vereniging*) that provides news and education about celiac disease, recipes, and its own magazine and podcast. It has a restaurant locator page for eateries that offer gluten-free dining options. Member of the AOECS.

## **Norway**

### **The Norwegian Celiac Association (Norsk cøliakiforening -NCF)**

Website: <https://ncf.no/>

Address: Visiting address: Akersgata 8 (entrance Tollbugt) 0158 Oslo

Postal address: Pb 351 – Sentrum, N-0101 Oslo

Phone; 22 40 39 00

Email: [post@ncf.no](mailto:post@ncf.no)

*Services:* Information and education about celiac disease and the gluten-free diet. Online courses for baking, schools, health care professionals and newly diagnosed celiac patients. Website offers the option to submit questions online to experts. Member of the AOECS.

### **Norwegian Celiac Association's Youth (NCFU)**

Website: <https://ncfu.no/>

Address: Visiting address: Akersgata 8 (entrance Tollbugt) 0158 Oslo

Postal address: Pb 351 – Sentrum, N-0101 Oslo

Phone: 22 33 31 45

Email: [post@ncfu.no](mailto:post@ncfu.no)

*Services:* Youth organization of the NCF. 2000 members between ages 15-26 who have celiac disease, dermatitis herpetiformis or are reliant on a gluten-free diet.

## **Poland**

### **The Polish Association of People with Celiac Disease and on a Gluten-Free Diet (Polskie Stowarzyszenie Osób z Celiakią i na Diecie Bezglutenowej)**

Website: <https://celiakia.pl/>

Address: Street Na Uboczu 28 U-C4, 02-791 Warszawa, celiakia.

Phone: (22) 253 04 97 Gluten-Free Diet Center

Address: ul. Na Uboczu 28, local U-C4

02-791 Warszawa (Ursynów, near the Natolin metro station)

Phone: (22) 253 04 97

Email address of dietitians: dietetyk@celiakia.pl

*Services:* Information on celiac disease and the gluten-free diet. Member benefits include a guide about celiac disease and the gluten-free diet and an informational magazine (*Bez glutenu*), a monthly newsletter, culinary workshops, dietary consultations and free webinars. Parents of children on a gluten-free diet receive two children's books about living life on a gluten-free diet. Member of the AO ECS.

### **Portugal**

**The Portuguese Celiac Association (Associação Portuguesa de Celíacos - APC)**

Website: [www.celiacos.org.pt/](http://www.celiacos.org.pt/)

Address: Rua Gago Coutinho N.º1, Studio/ atelier, 2675-510 Odivelas

Email: [geral@celiacos.org.pt](mailto:geral@celiacos.org.pt)

Nutritionist contact: +351 918 139 511; [nutritionist@celiacos.org.pt](mailto:nutritionist@celiacos.org.pt)

*Services:* A non-profit association with support and education about gluten sensitivity and the gluten-free diet for celiac disease patients and their families. Sponsors workshops and events and provides an activities calendar on the website. Member of the AO ECS.

### **Russia (St. Petersburg)**

**St. Petersburg Celiac Society (The Emilia Society) (Санкт-Петербургское общество больных целиакией)**

Website: <https://celiac.spb.ru/>

*Services:* Provides information on where to buy gluten-free food and dine out safely. Information on where to get tested for celiac disease. Support and awareness, activities, culinary classes, webinars and events for those with celiac disease. Information about monthly and annual government monetary allowances for children under 18 with celiac disease. Host of the free Green Light children's health camp for children aged 7-16 years old. Member of the AO ECS.

### **Spain**

**Federation of Celiac Associations of Spain (FACE) (Federación de Asociaciones de Celiacos de España)**

Website: <https://celiacos.org/>

Phone: 915475411

Email: [Info@celiacos.org](mailto:Info@celiacos.org)

*Services:* Support and advice to people with celiac disease and their families about the medical condition and the gluten-free diet. Member of the AO ECS.

### **Spain (Catalunya)**

**Celiacs Association of Catalonia (Associació Celíacs de Catalunya)**

Website: [www.celiacscatalunya.org/](http://www.celiacscatalunya.org/)

Phone: 93 412 17 89

Email: [info@celiacscatalun.org](mailto:info@celiacscatalun.org)

*Services:* Information on food safety and the gluten-free diet. Education and workshops for those with celiac disease and gluten sensitivity. Member of the AOECS.

### **Sweden**

**Swedish Coeliac Society (Svenska Celiakiförbundet)**

Website: [www.celiaki.se/](http://www.celiaki.se/)

Address: Magnus Ladulåsgatan 1, Stockholm, Sweden

Email: [info@celiaki.se](mailto:info@celiaki.se)

*Services:* Brochures, information about celiac disease and about diagnosis; Newsletter with recipes and link to 'The Gluten Podcast'. Member of the AOECS.

**Swedish Celiac Youth Society/DIS-study abroad in Scandinavia**

Website: <https://disabroad.org>

*Services:* An excellent resource about cafes and restaurants providing gluten-free options in Sweden.

### **Slovenia**

**Slovenian Society for Celiac Disease (Slovensko društvo za celiakijo)**

Website: <https://drustvo-celiakija.si/>

Address: Ljubljanska ulica 5, 2000 Maribor

Phone: +386 (0)2 300 63 50

Email: [drustvo@drustvo-celakija.si](mailto:drustvo@drustvo-celakija.si)

*Services:* Supports children and adults living with celiac disease through various projects and activities. Information and education about celiac disease and the gluten-free diet. Members have access to a mentor for individual patient-to-patient assistance. Gluten-free shopping and cooking workshops. Member of the AOECS.

### **Slovakia**

**Celiac Association of Slovakia**

Website: [Celiakia.sk](http://Celiakia.sk)

Email: [milos@celiakia.sk](mailto:milos@celiakia.sk)

*Services:* Website 'Associations' tab offers a list of other celiac disease organizations

in Slovakia for children and adults. Provides information on celiac disease and the gluten-free diet.

### **Switzerland**

#### **IG Celiac Disease of German Switzerland (Zöliakie)**

Website: [www.zoeliakie.ch/de/startseite.html](http://www.zoeliakie.ch/de/startseite.html)

Address: Bahnhofstrasse 7b, CH-6210 Sursee

Phone: +41 (0) 61 271 62 17

Email: [info@zoeliakie.ch](mailto:info@zoeliakie.ch)

*Services:* Information about celiac disease and the gluten-free diet, dining out, cooking courses, conferences and children's camps.

### **Turkey**

#### **Celiac Life Association (Çölyakla Yaşam Derneği)**

Website: <https://colyak.org.tr/>

Address: Osmanağa Mah. Kuşdili Cad. No:43, Toraman Han Kat:5 Büro:40, Kadıköy, İstanbul

Phone: +90 (0216) 403 28 28

Email: [info@colyak.org.tr](mailto:info@colyak.org.tr)

*Services:* Provides support and educational information and material on celiac disease and the gluten-free diet. Discussion of gluten-free products, including food, medicine, and supplements. Gluten-free recipes. Member of the AOECS.

### **Ukraine**

#### **Ukrainian Celiac Association (Українська спілка целиакії)**

Website: <http://celiac.org.ua>

Address: 03037, Kyiv, str. Krasnopartyzanska, 14b, quarter 86

Mailing address: Kyiv City Clinical Hospital No. 18, b. Taras Shevchenko, b.17, floor 3, lecture hall

Phone: +380 (66)684-64-09

Email: [info@celiac.org.ua](mailto:info@celiac.org.ua)

*Services:* Education about celiac disease and the gluten-free diet; Information about wellness retreats for adults and children with celiac disease and special projects and events. Member of the AOECS.

### **United Kingdom**

#### **Coeliac UK**

Website: [www.coeliac.org.uk/home/](http://www.coeliac.org.uk/home/)

Address: 3rd Floor, Apollo Centre, Desborough Road, High Wycombe, Buckinghamshire, HP11 2QW

Phone: +44 (0)333 332 2033 from 10 am to 4 pm Monday to Friday.

Email: [generalenquiries@coeliac.org.uk](mailto:generalenquiries@coeliac.org.uk)

*Services:* A charity registered in England, Wales and Scotland. Information and support, venue guide to eating out at over 7000 recommended venues, over 1000 gluten-free recipes to try, list of nearly 150,000 gluten-free and mainstream products. Helpline staffed by dietitians and food experts. Member of the AO ECS.

#### **Guts UK**

Website: <https://gutscharity.org.uk/>

Address: 2 St Andrews Place, London, NW1 4LB

Email: [info@gutscharity.org.uk](mailto:info@gutscharity.org.uk)

Phone: +44 (0)20 7486 0341

*Services:* Resources, fundraising, activities.

#### **Nutrition and Diet Resources UK**

Website: [www.ndr-uk.org/](http://www.ndr-uk.org/)

Address: Suite 125, Baltic Chambers, 50 Wellington Street, Glasgow, G2 6HJ.

Phone: +44 (0)141 202 0690

Email: [info@ndr-uk.org](mailto:info@ndr-uk.org)

*Services:* Resources include food lists, practical tips and other information.

### **Africa (in alphabetical order)**

#### **North Africa**

##### **Morocco**

**Moroccan Association of Gluten Intolerants and Allergics (AMIAG)  
(Association Marocaine des Intolérants et Allergiques au Gluten)**

Website: [www.amiag.org/](http://www.amiag.org/)

Address: Youth center, DAR CHABAB DERB GHALLEF

Phone: +212 (0)6 73 98 75 72

Email: [asso.amiag@gmail.com](mailto:asso.amiag@gmail.com)

*Services:* A non-profit organization that provides information about celiac disease and gluten sensitivity and education about the gluten-free diet.

##### **Tunisia**

**Tunisian Celiac Disease Association (Association Tunisienne de la Maladie Cœliaque)**

Website: <https://www.atmc.tn/>

Addresses: Tunis: Rue du parc – Le Kram Ouest Jerba: Ave Habib Bourguiba – Houmt Souk

Phone: +216 (0)58-144-554

Email: [atmc@topnet.tn](mailto:atmc@topnet.tn)

*Services:* Information about celiac disease and the gluten-free diet. Provides a gluten-free diet guide and recipe books, details on bakeries that are 100% gluten-free and gluten-free culinary training workshops. Information for those in financial need to have access to gluten-free product donations in all regions of the country.

### **South Africa**

#### **Celiac Association of South Africa**

Website: <https://offtheglutenpath.co.za/>

Address: Unit 3 Masons Press 7 Ravenscraig Road, Woodstock, Cape Town, 7925

Phone: +27 (0)82-495-2552

*Services:* Information, empowerment, education and advocacy.

#### **Celiac Safe**

Website: <https://celiacsafe.co.za/>

Contact information: Direct contact via website.

*Services:* Website that lists major national retailers that stock gluten-free products and provides general education on celiac disease and non-celiac gluten sensitivity. You can sign up for a newsletter for information about gluten-free living.

### **Asia and Middle East (in alphabetical order)**

#### **India**

##### **Celiac Society of India**

Website: <https://celiacsocietyofindia.com/>

Address: D-1079, New Friends Colony, New Delhi, 110025

Phone: +91 9810412500

Email: [celiacsocietyindia@gmail.com](mailto:celiacsocietyindia@gmail.com)

*Services:* Resources, advocacy, interaction with experts and information about dining out.

#### **Jordan**

##### **Celiac & Non-Celiac Care Providers Society (CCCPS)**

Website: [www.cccps.org/](http://www.cccps.org/)

Address: Amman – Salt Highway Street, Al. Saro – Tiebah Neighborhood

P.O Box 2390, Zip Code: 11821, Amman- Khalda

Phone: +962 79 143 01 04 or +962 79 143 01 03

Email: [info@cccps.org](mailto:info@cccps.org)

*Services:* Support and education for people with celiac disease and non-celiac gluten sensitivity.

## **United Arab Emirates (U.A.E.)**

### **Gluten Free U.A.E.**

Website: <https://glutenfreeuae.com/> or [www.facebook.com/glutenfree.uae/](https://www.facebook.com/glutenfree.uae/)

*Services:* Blog organization with Facebook page that offers support for people with celiac disease and gluten sensitivity, particularly those newly diagnosed or just arriving in the U.A.E. Education and information about living gluten free. You can follow the blog to initiate contact or message through Facebook.

## **Australasia**

### **Australia**

#### **Coeliac Australia**

Website: [www.coeliac.org.au](http://www.coeliac.org.au)

Phone (helpline): +61 (0)1300458 836

Email: [info@coeliac.org.au](mailto:info@coeliac.org.au)

#### **Coeliac New South Wales & ACT (Waitara NSW)**

Email: [nsw@coeliac.org.au](mailto:nsw@coeliac.org.au)

#### **Coeliac Queensland (Newmarket QLD)**

Email: [qld@coeliac.org.au](mailto:qld@coeliac.org.au)

#### **Coeliac Victoria & Tasmania (Holmesglen VIC)**

Email: [victas@coeliac.org.au](mailto:victas@coeliac.org.au)

#### **Coeliac Western Australia (Bentley WA)**

Email: [wa@coeliac.org.au](mailto:wa@coeliac.org.au)

*Services:* Information, medical advisory committee, dining, fundraising

### **New Zealand**

#### **Celiac New Zealand**

Website: <https://celiac.org.nz>

Address: P.O. Box 9734, Newmarket, Auckland 1149

Phone: +64 9 414 7469

*Services:* Information, lectures, advice, news, recipes



## **Gluten-free travel resources**

There are hundreds of different travel websites and blogs available on the internet to help you navigate traveling the world while staying gluten free. Here are just a few sites where you can find tips, information and advice for gluten-free explorers.

### **Celiac Life Without Borders**

Website: <https://glutenfreetraveller.ca/>

Details gluten-free restaurants in Canada, USA, Czechia, Thailand, Bali, Vietnam. Blog, gluten-free eBook, sitemap

### **Celiac Travel**

Website: [www.celiactravel.com/](http://www.celiactravel.com/)

Tips to help maintain a gluten-free diet while traveling anywhere in the world. Gluten-free recipes, gluten-free restaurant cards in 63 languages, blog entries, and travel stories.

### **Gluten-free Globetrotter**

Website: <https://glutenfreeglobetrotter.com/>

Blog that offers gluten-free travel tips, international resources and group listings, and celiac disease/ gluten-free translation cards.

### **Legal Nomads**

Website: [www.legalnomads.com/](http://www.legalnomads.com/)

Provides digital, gluten-free translation cards and celiac travel guides for different countries, gluten-free city guides and general resources about celiac disease.

### **Selective Asia**

Website: [www.selectiveasia.com/blog/asia/gluten-free-travel-in-asia](http://www.selectiveasia.com/blog/asia/gluten-free-travel-in-asia)

Blog for traveling and dining out advice in Asia for gluten sensitivity and celiac disease. Helpful information for people with celiac disease or gluten sensitivity living in or traveling to East Asian countries, especially since there is not an official celiac disease society or association in East Asian countries. This blog post offers information on Asian foods that contain gluten and gluten-free options in 10 different East Asian countries.

### **The Nomadic Fitzpatricks**

Website: [www.thenomadicfitzpatricks.com/](http://www.thenomadicfitzpatricks.com/)

Blog and coaching site for people with celiac disease. Offers tips on maintaining a gluten-free diet with airline travel and airports, gluten-free travel guides, gluten-free products and dining, celiac group coaching for travel.



## References: Local, national and international support groups and resources

1. Association of European Coeliac Societies. *Member societies*. [www.aoecs.org/about-us/members/](http://www.aoecs.org/about-us/members/) (Accessed 30 November 2023)
2. Celiac Corner. *National celiac organizations*. <https://celiaccorner.com/support/> (Accessed 30 November 2023)
3. Celiac Disease Foundation. *Associations around the world*. Retrieved from <https://celiac.org/gluten-free-living/global-associations-and-policies/associations-around-the-world/> (Accessed 7 January 2025)

